

# Amjad Khan

Tenured Associate Professor of Clinical Pharmacy & Practice

Department of Pharmacy, Quaid-i-Azam University, Islamabad, Pakistan

Currently based in China for a short-term sabbatical at Xi'an Jiaotong University

PhD (Clinical Pharmacy, Malaysia) | Postdoc Fellowship (China & Hong Kong) |

Pharm.D. (Gold Medal) | M.Phil. (Pakistan)

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Nationality: Pakistani | Passport No: LC4120452 | Date of Birth: 01 October 1989

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## ACADEMIC APPOINTMENTS

- **Associate Professor (Tenured)**, Department of Pharmacy, Quaid-i-Azam University, Islamabad, Pakistan  
Duration: From October 22, 2025- present
- **Assistant Professor (Tenure Track)**, Department of Pharmacy, Quaid-i-Azam University, Islamabad, Pakistan  
Duration: From October 22, 2019 to October 21, 2025
- **Assistant Professor (BPS)**, Department of Pharmacy, Quaid-i-Azam University, Islamabad, Pakistan  
Duration: From June 12, 2019 to October 21, 2019
- **Lecturer in Clinical Pharmacy**, Department of Pharmacy, Quaid-i-Azam University, Islamabad, Pakistan  
Duration: From April 27, 2017 to June 11, 2019
- **Postdoctoral Fellow**, The First Affiliated Hospital & Department of Pharmacy Administration and Clinical Pharmacy, School of Pharmacy, Health Science Center, Xi'an Jiaotong University, Xi'an, China & HKU, Hong Kong  
Duration: From December 3, 2023- to December 2, 2024

## EDUCATION

### PhD (Clinical Pharmacy, 01/2019)

Fellowship/Sponsor Number: P-FD0011/15(R)

School of Pharmaceutical Sciences, Universiti Sains Malaysia (USM), **Malaysia**

### M.Phil. (Pharmaceutical Biotechnology, 12/2014)

Department of Biotechnology, Quaid-i-Azam University, **Pakistan**

### Doctor of Pharmacy (Pharm.D., 11/2012)

Faculty of Pharmacy, Gomal University, **Pakistan**

Graduated with distinction (**Gold Medal**)

## POSTDOCTORAL FELLOWSHIP

**Medical Cross-Postdoc Fellowship (Dec 2023 to Dec 2024):** Completed at The First Affiliated Hospital & Department of Pharmacy Administration and Clinical Pharmacy, School of Pharmacy, Health Science Center, Xi'an Jiaotong University, Xi'an, **China & HKU, Hong Kong.**

## RESEARCH INTERESTS

Clinical pharmacy and pharmacy practice; medication safety and rational prescribing; antimicrobial stewardship; pharmacist-led interventions in chronic disease management; pharmacoepidemiology and health outcomes research.

## RESEARCH GRANTS / FUNDING

2023-2025: "Evaluation and Management of COPD and other Comorbidities in COPD Patients by Dispensing Pharmaceutical Care following the GOLD guidelines 2020: A Prospective Clinical Trial".

Role: Principal Investigator, Amount (PKR): 1.373 million Status: Completed

Sponsoring Agency: Higher Education Commission, Pakistan.

## PATENTS

**Khan A**, Mushtaq S, Alshahrani F, Rashah KA, Mopuri R, Chinnam S, Bobbala P, Yallur BC.

Title of the invention: Smart device for the analysis of metabolic disorders

Patent number: 6303315

Status: Granted on 21 August 2023

Patent office: United Kingdom

Chinnam S, Farid A, Ullah A, Badar M, Mohaini MHA, Lakkaboyana SK, Mushtaq S, Alsalman AJ, **Khan A**, Hawaj MAI, Almuhaini RA.

Title of the invention: Artificial Intelligence device for prediction of diabetes

Patent number: 6301395

Status: Granted on 14 August 2023

Patent office: United Kingdom

## CLINICAL TRIALS REGISTRATION

Hafsa Kanwal and Amjad Khan

Trial Registered in ANZCTR (Australian New Zealand Clinical Trial Registry) Registration Number: ACTRN12622000234718

Date of registration: 09-02-2022 Current status: Completed

Link: <https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=12622000234718>

Hafsa Kanwal and Amjad Khan

Trial Registered in IRCT (Iranian Registry of Clinical Trials)

Registration Number: IRCT20220516054875N1

Date of registration: 23-05-2022 Current status: In progress

Link: <https://www.irct.ir/trial/63607>

Umm-e-Kalsoom and Amjad Khan

Trial Registered in ANZCTR (Australian New Zealand Clinical Trial Registry)

Registration Number: ACTRN12622000996763

Date of registration: 15-07-2022 Current status: In progress

Link: <https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=12622000996763>

## TEACHING EXPERIENCE

I have over **07 years of post-PhD teaching experience** across a wide variety of subjects and learning environments, from individual and small group tutorials to seminars, classes, and lectures. I was awarded the University Best Performance Award for the year 2022-2023 and 2024-2025 at Quaid-i-Azam University. I have led capacity-building workshops and invited lectures in Pakistan, Malaysia, and China with 20-50 participants. I am currently supervising and co-supervising Masters and PhD students. My previously supervised postgraduate research projects have been presented at major international conferences and resulted in various publications in reputed journals.

### Postgraduate Teaching

Postgraduate (M.Phil. & PhD level by Course Work) Teaching Subjects

Credit Hours: 03

Antimicrobial Stewardship (PHM-847)  
 Biostatistics-II (PHM-742)  
 Research planning & Report writing (PHM-743)  
 Clinical research in Pharmacy (PHM-845)  
 Clinical Pharmacy-II (PHM-764)  
 Pharmacy Practice-I (PHM-761)  
 Pharmacy Practice-II (PHM-762)  
 Pharmacoeconomics -From Theory to Practice-II (PHM-840)  
 Pharmacoeconomics-From Theory to Practice-III (PHM-841)  
 Systematic Reviews in Pharmacy Practice (PHM-846)

### **Undergraduate Teaching**

Credit Hours: 03 (For theory courses) Credit Hours: 01 (For labs)

Pharmacy Practice-IVA (Hospital Pharmacy)  
 Pharmacy Practice-IVB (Hospital Pharmacy)  
 Pharmacy Practice-VA (Clinical Pharmacy) (Theory)  
 Pharmacy Practice-VA (Clinical Pharmacy) (Lab)  
 Pharmacy Practice-VB (Clinical Pharmacy) (Theory)  
 Pharmacy Practice-VB (Clinical Pharmacy) (Lab)  
 Pharmacy Practice-VIA (Advanced Clinical Pharmacy) (Theory)  
 Pharmacy Practice-VIA (Advanced Clinical Pharmacy) (Lab)  
 Pharmacy Practice-VIB (Advanced Clinical Pharmacy) (Theory)  
 Pharmacy Practice-VIB (Advanced Clinical Pharmacy) (Lab)

### **Hospital Based Undergraduate Pharmacy Clerkship**

Medicine I [Nephrology]  
 Medicine II [Respiratory]  
 Medicine III [Cardiology]  
 Surgery Clerkship  
 Hospital Pharmacy [Outpatient Department]  
 Gynecology  
 Universiti Sains Malaysia (Research fellow at USM)  
 Duration: 2015- 2018 (3-Years)  
 Responsibilities: (Hospital based clinical attachment)  
 Responsible to conduct undergraduate USM student's clerkship for:  
 Medicine (Respiratory & Nephrology)

### **Overall Responsibilities**

Responsible for teaching clinical pharmacy courses and conducting hospital clerkship of undergraduate pharmacy students, as well as teaching and supervision of Postgraduate (M.Phil./PhD) students.

### **New Courses developed for M.Phil. & PhD students**

(Approved by Board of Faculty and Advanced Studies & Research Board, Quaid-i-Azam University)

1. Clinical Research in Pharmacy (PHM-845) Credit Hours: 03
2. Systematic Reviews in Pharmacy Practice (PHM-846) Credit Hours: 03

### **ADMINISTRATIVE & ACADEMIC ASSIGNMENTS/EXPERIENCE**

Member: Executive Council of the Academic Staff Association (ASA), Quaid-i-Azam University, 2025  
 Member: Board of Studies of Pharmacy Practice, Government College (GC) University, Faisalabad (21/11/2025-to date)

Member: Departmental Admission Committee Pharm.D. (19/9/2022- to date)  
 WHO/EPI polio campaigns focal person (Pharmacy QAU) (17/8/2022- to date)  
 Member: Teaching evaluation committee (22/6/2022-to date)  
 Focal Person: Higher Education Data Repository (HEDR) (30/5/2022-to date)  
 Member: Departmental Attendance committee (25/4/2022-to date)  
 Member: AS&RB Gomal University, D. I. Khan (14/4/2022-to date)  
 Member: Postgraduate Admission Committee (27/8/2020- to date)  
 Member: Seminar Evaluation Committee (Postgraduate) (11/3/2020- to date)  
 In-charge: Departmental Computer Lab (1/1/2019- to date)  
 Coordinator: Pharm.D. Clinical projects designing and evaluation (01/09/2017- to date)

## HONORS / AWARDS

**Full Scholarship Award**, Global Prisons Infectious Diseases Network Conference 2026 (GPIDN26), Ljubljana, Slovenia, 30 September–2 October 2026: Awarded to attend the conference and present my research work.

**GBD Senior Collaborator** (Global Burden of Disease Study), Institute for Health Metrics and Evaluation (IHME), University of Washington, USA: Promoted to Senior Collaborator status in recognition of sustained contributions and co-authorship on  $\geq 4$  GBD publications.

**ISPOR Travel Grant, ISPOR Europe 2025, Glasgow, UK:** Received a prestigious travel award to present research and engage in knowledge exchange within health economics and outcomes research.

**Quaid-i-Azam University Best Performance Award** for the year 2022-2023.

**Gold Medal and Merit Certificate** awarded by Gomal University on achieving First-Class First-Position in Doctor of Pharmacy (Pharm.D.) Degree, Session (2007-2012).

**Merit Scholarship** throughout Pharmacy Career.

**University of Oslo**, Norway; The University of Edinburgh, UK; & Universiti Sains Malaysia (USM), Malaysia approved international supervisor for assisting/co-supervising research students.

**Six Months Research Fellowship** at UoN Chair of Oman's Medicinal Plants and Marine Natural Products, funded by University of Nizwa, Sultanate of Oman.

**Prime Minister's** Fee Reimbursement and Laptop Distribution Scheme for facilitating young talented graduates to improve Higher Education for the academic year 2013-14.

**USM PhD Fellowship** [Ref. no. P-FD0011/15(R)] awarded by Universiti Sains Malaysia.

**Nominee USM Vice Chancellor Award** for the year 2015.

**Registered Pharmacist**, KP Pharmacy Council, Peshawar, Pakistan.

**Higher Education Commission (HEC)** approved PhD Supervisor.

**Current** Universal Scientific Education and Research Network (USERN) Ambassador for Pakistan (<https://usern.tums.ac.ir/Info/Executives>).

**Part of the Judging Panel** for the 2023 QS Reimagine Education Awards (10th edition of QS Reimagine Education Awards).

## INTERNATIONAL LINKAGES ESTABLISHED

1. "Establishment of Sino-Pak Pharmacoconomics and Outcomes Research Network". Department of Pharmacy Administration and Clinical Pharmacy, School of Pharmacy, Xi'an Jiaotong University (Link Coordinator: Dr. Amjad Khan & Prof. Dr. Yu Fang)
2. School of Pharmacy, Universitas 17 Agustus 1945 Jakarta, Indonesia (Link Coordinator: Dr. Amjad Khan & Dr. Diana Laila Ramatillah)
3. Division of Pharmacy Practice and Policy, School of Pharmacy, University of Nottingham, University Park, Nottingham, NG7 2RD, United Kingdom (Link Coordinator: Dr. Amjad Khan & Dr. Matthew Boyd)
4. Department of Community Medicine and Global Health, University of Oslo, Norway (Link Coordinator: Dr. Amjad Khan & Dr. Muhammad Asaduzzaman)

5. Usher Institute for Population Health Sciences and Informatics, The University of Edinburgh, Edinburgh, UK (Link Coordinator: Dr. Amjad Khan & Prof. David Weller)
6. Discipline of Clinical Pharmacy, School of Pharmaceutical Sciences, USM, Malaysia (Link Coordinator: Dr. Amjad Khan & Dr. Amer Hayat Khan)

## RESEARCH SUPERVISION AND THESIS EXAMINATION

### HEC APPROVED PhD SUPERVISOR

In recognition of my teaching/research achievements, the Higher Education Commission (HEC) of Pakistan has awarded me the status of 'Accredited PhD Supervisor' to supervise M.Phil. & PhD level research projects.

<b><u>PhD &amp; M.Phil. RESEARCH THESIS SUPERVISED</u></b>		
PhD Thesis Presently under Supervision: 04		
PhD Thesis Supervised: 03		
PhD Thesis Co-Supervised: 01		
M.Phil. Thesis Supervised: 22		
M.Phil. Thesis Presently under Supervision: 07		
<b><u>International students' Co-supervision</u></b>		
M.Phil. Thesis Co-supervised (UiO, Norway): 01		
PhD Thesis Co-supervised: (The University of Edinburgh, UK and USM Malaysia): 03		
<b>PhD Thesis Supervised</b>		
<b>Status: Completed</b>		
<b>S. No.</b>	<b>Student's Name</b>	<b>Year</b>
1.	Sameen Abbas <b>Thesis title:</b> Impact of High-Resolution Manometry on Diagnosis, Classification and Treatment of Achalasia	2025
2.	Umm-e-Kulsoom <b>Thesis title:</b> Pharmacist-led Interventions for Disease Management and Risk Reduction in Patients with Ischemic Heart Disease	2025
3.	Hafsa Kanwal <b>Thesis title:</b> Evaluation of COPD Management Practices, Treatment Inappropriateness and Sustainability: Optimization of Care Through GOLD- Guided Pharmacist-Led Interventions	2026
<b>PhD students under supervision</b>		
<b>Status: In progress</b>		
4.	Kiran Hameed <b>Thesis title:</b> Impact of Hydrogen Breath Testing on Small Intestinal Bacterial Outgrowth (SIBO): Diagnosis, Treatment, and Quality of Life	2021
5.	Khanzada Sheraz Khan <b>Thesis title:</b> Assessment of Predisposing Risk Factors and Non-Surgical Management Options for Degenerative Lumbar Spinal Stenosis (DLSS) in Pakistan: Developing an Evidence-Based, Individually Tailored, Multidisciplinary Approach Contextualized for the Healthcare System	2021
6.	Marina Khan <b>Thesis title:</b> Prospective Evaluation of Post-Neurosurgical Antiepileptic Therapy: Drug-Related Problems, Pharmacist-Led Interventions, and Guideline Adherence in Tertiary Care Hospitals of Pakistan	2025
7.	Maria Rasheed	2025

	<b>Thesis title:</b> Development and Evaluation of a Pharmacist-Led Digital Pharmacovigilance Model to Detect and Prevent Adverse Drug Events in Dialysis Patients: A Multicenter Study in Pakistan		
<b>PhD Thesis Co-supervised</b> <b>Status:</b> Completed			
1.	Mamoona Dar <b>Thesis title:</b> Primary Dysmenorrhea: Epidemiology, Impact on Quality of Life and Pharmacist-Led Intervention for Management of Primary Dysmenorrhea		2026
<b>M.Phil. Thesis Supervised</b> <b>Status:</b> Completed			
<b>S. No.</b>	<b>Student's Name</b>	<b>Thesis Title</b>	<b>Year</b>
1.	Sehrish Saeed	Assessment of Treatment Outcomes, Depression and Quality of life among Ulcerative Colitis Patients at Tertiary Care Hospital in Pakistan	2025
2.	Muhammad Abbas	Assessing Adverse Events of Sorafenib, its Impact on Quality of Life and Treatment Cost in Advanced Hepatocellular Carcinoma	2025
3.	Marina Khan	Assessment of Frequency, Types and Predictors of Drug-Related Problems in Neurosurgical Patients at Tertiary Care Hospitals in Pakistan	2025
4.	Hesham Ahmed Kaid Al-Odaini ( <b>from Yemen</b> )	Knowledge, Attitude and Perception of Parents Towards Childhood Vaccination in Sana'a Yemen	2024
5.	Ali Mohammad Ahmed Al-Subari ( <b>from Yemen</b> )	Evaluation of Drug Prescription Pattern in Health Care Setting Against WHO Prescribing Indicators: Data from Pakistan and Yemen	2024
6.	Abdul Samad	Evaluation of Short Term Complications and Quality of Life in Patients with Cardiac Implantable Electronic Devices	2024
7.	Ammara Nazir	Empowering Maternal Health: A Critical Analysis of Self-medication Practices Among Pregnant Women in Swabi, Khyber Pakhtunkhwa	2024
8.	Muhammad Asif	Inadequate Health Literacy Level, a Barrier to Self-care: A Cross-Sectional Study on Assessment of Health Literacy Level in Patients Visiting Community Pharmacies in Pakistan	2024
9.	Anum Yousaf Mughal	Study of Prescription Errors and Role of Pharmacist in E-prescribing System in Pakistan	2024
10.	Nabiha Akram	A Pharmacovigilance Study of Antidiabetic Drugs in Diabetic Hypertensive Patients and the Impact of Pharmacist in ADR Reporting in Pakistan	2024
11.	Dua Sadaf Abbasi	The co-occurrence of ASD ad ADHD in pediatric population and the role of clinicians and parents in the management of neurodevelopmental disorders	2023
12.	Mariam Asjad	Determination of the Incidence of Neonatal Sepsis, its Risk Factors, Prescribing Trends of Antimicrobials Use, and Clinical Outcomes in Neonatal Intensive Care Unit	2023

13.	Laiba Aamir	Assessment of Treatment Outcomes of Anti-epileptic Drugs and Quality of Life in Epileptic Patients of Pakistan	2023
14.	Neelam Akbar	Prevalence of Complications in Shunted Hydrocephalic patients and the Impact of Disease on Health-Related Quality of Life of Patients	2023
15.	Sadia Ghulam Hussain	Prevalence and management of Anemia and impact of treatment burden on Health-Related Quality of Life in CKD and Dialysis patients	2022
16.	Ayesha Raza Butt	Study of Cytokine IL-10 in COVID-19 patients and role of Pharmacist in dispelling myths regarding COVID-19 vaccination	2022
17.	Asima Bibi	IL-15 expression in COVID-19 patients and knowledge, attitude and perception of Pakistanis towards COVID-19 vaccination	2022
18.	Ada Zahra Naqvi	Impact of SGLT2 inhibitor (Empagliflozin) on HbA1c, weight and fasting lipid profile in type II diabetic patients in local population of Pakistan	2021
19.	Khanzada Sheraz Khan	Knowledge and Attitude of Healthcare Professionals to GINA Guidelines 2020 and Assessment of Medication Adherence of Asthmatic Patients	2021
20.	Kiran Hameed	Management of Hypertension and Prevalence of Depression among Pakistani Hemodialysis Patients	2021
21.	Saima Niazi	Assessment of Impact of Vaccination and Evaluation of Standard Antiretroviral Therapy (ART) with Comorbid Conditions among Pakistani HIV Patients	2021
22.	Salma Bibi	Percutaneous Coronary Intervention with Drug Eluting Stents: A Comparison of Clinical Outcomes and Quality of Life Assessment in Coronary Artery Disease Patients	2021
<b>M.Phil. students under supervision</b> <b>Status: In progress</b>			
23.		Zunnorain	2025
24.		Sumbul Jan	2025
25.		Wajid Ali	2025
26.		Faria Zia	2025
27.		Hammad Rizwan	2025
28.		Sadia Ashraf	2025
29.		Unsa Amin	2025
<b>International research students (Co-supervision)</b>			
1	Um-e-Habiba (MS student)	<b>University of Oslo, Norway</b> Thesis Title: Use of antibiotics in animals and humans (commercial poultry and poultry farmers) in rural Pakistan- A One Health quantitative study <b>Status: Completed</b>	2022

2	Ayesha Bibi (PhD student)	<b>The University of Edinburgh, Scotland, UK</b> Thesis title: Breast cancer survivorship care in Pakistan: understanding the current landscape and opportunities for intervention development <b>Status:</b> In progress	2022
3	Tabinda Azim (PhD student)	<b>Universiti Sains Malaysia (USM), Malaysia</b> Thesis Title: Impact of Covid-19 on the patients with Diabetes Mellitus Type-II <b>Status:</b> Completed	2025
4	Muhammad Soaib Said (PhD student)	<b>Universiti Sains Malaysia (USM), Malaysia</b> <b>Thesis Title:</b> Evaluation of management, treatment outcomes, and in-Depth analysis of pediatric non-compliant drug-resistant tuberculosis patients in Punjab and Khyber Pakhtunkhwa, Pakistan <b>Status:</b> Completed	2025
Thesis Evaluated as an Expert and/or Defense Conducted: M.Phil./MS/PhD (14)			

## RESEARCH PROFILES AND ACADEMIC IDENTIFIERS

[ResearchGate](#) | [Google Scholar](#) | [ORCID](#) | [LinkedIn](#)

## LIST OF PUBLICATIONS

Total Impact Factor (IF): 378

h-index: 22

i10-index: 42

Citations: 1893

First-author papers: 11

\*Corresponding-author papers: 30

### 2026

82. Kanwal, H., **Khan, A.\*** (2026). Management of COPD and Comorbidities in COPD patients by Dispensing Pharmaceutical Care following Global Initiative for chronic Obstructive Lung Disease-Guidelines (GOLD guidelines 2020): A Prospective Randomized Clinical Trial. (Accepted, **BMC Health Services Research**).
81. Ul Haq, M. U., Mushtaq, S., Jamshed, S., Quddoos, O., Tareen, A. R., Khan, S. A., Ahmad, Q., **Khan, A.\***, & Fang, Y. (2026). Availability, prices, and affordability of essential medicines for cardiovascular diseases and diabetes: A multi-regional survey using the WHO/HAI methodology in Pakistan. **BMC Health Services Research**. <https://doi.org/10.1186/s12913-026-14792-9>
80. GBD 2023 Metabolic Dysfunction-Associated Steatotic Liver Disease Collaborators, including **Khan, A.** (2026). 'Global burden of metabolic dysfunction-associated steatotic liver disease, 1990–2023, and projections to 2050: a systematic analysis for the Global Burden of Disease Study 2023'. **The Lancet Gastroenterology & Hepatology** 11, 6: 463–494. [https://doi.org/10.1016/S2468-1253\(26\)00011-7](https://doi.org/10.1016/S2468-1253(26)00011-7)
79. GBD 2023 Mental Disorder Collaborators, including **Khan, A.** (2026). 'Updated trends in the global prevalence and burden of mental disorders, 1990–2023: a systematic analysis for the Global Burden of Disease Study 2023'. **The Lancet** 407, 10543: 2040–2064. [https://doi.org/10.1016/S0140-6736\(26\)00519-2](https://doi.org/10.1016/S0140-6736(26)00519-2)
78. GBD 2023 Breast Cancer Collaborators, including **Khan, A.** (2026). 'Global, regional, and national burden of breast cancer among females, 1990–2023, with forecasts to 2050: a systematic analysis for the Global Burden of Disease Study 2023'. **The Lancet Oncology** 27, 3: 302–326. [https://doi.org/10.1016/S1470-2045\(25\)00730-2](https://doi.org/10.1016/S1470-2045(25)00730-2)

77. Kalsoom, U. E., **Khan, A.**, & Garfield, S. (2026). Diversity, equality, and inclusivity in pharmacy services: A scoping review. **International Journal of Pharmacy Practice**, <https://doi.org/10.1093/ijpp/riag021>
76. Kalsoom, U. E., **Khan, A.\***, Shah, S. S., Iqbal, A., Mehmood, T., Ahmed, S. M., Khan, N., & Fang, Y. (2026). Implementation of guideline-directed medical treatment for ischemic heart disease management: A knowledge, attitude and practice based cross-sectional survey. **PLOS ONE**, 21(2), e0338634. <https://doi.org/10.1371/journal.pone.0338634>
- 2025**
75. Khalid, L., Saleem, K., Mushtaq, S., Hussain, I., Hussain, Z., Hussain, Z., Paracha, R. Z., **Khan, A.**, Chang, J., Fang, Y., & Sajid, I. (2025). Global prediction of antimicrobial resistance trends using statistical and machine learning models: Evaluating national action plan policy impacts through interrupted time series analysis. **Journal of Global Antimicrobial Resistance**, 46, 214-226. <https://doi.org/10.1016/j.jgar.2025.11.022>
74. Hussain, I., Xu, S., Dong, Y., Rasool, M. F., Ullah, J., **Khan, A.**, Kadirhaz, M., Xu, M., Tang, C., Zhao, W., Khan, FU, Chang, J., & Fang, Y. (2025). Packaging-based visual-storytelling nudge to improve antibiotic adherence in uncomplicated urinary tract infection: a pilot randomized trial in Pakistan. **BMC Infectious Diseases**, <https://doi.org/10.1186/s12879-025-12246-x>
73. **Khan, A.\***, Al-Subari, A. M. A., Mushtaq, S., Hameed, K., Abbas, S., Iqbal, M., Dong, Y., Feng, W., Fang, Y. (2025). Evaluating Rational Drug Use in Developing Countries: A Cross-Sectional Analysis of Prescribing Patterns Against WHO Indicators in Pakistan and Yemen. **Pharmacology Research & Perspectives** 13(6), e70174. <https://doi.org/10.1002/prp2.70174>
72. Kanwal, H., Kalsoom, UE., **Khan, A.\***, Ryan, T., Quinn, J., & Ryan, C. (2025). Estimation of carbon emissions from inhaled respiratory medicines in Ireland: a cross-sectional study from a national pharmacy claims database from 2020 to 2022. **International Journal of Clinical Pharmacy**, 1-8. <https://doi.org/10.1007/s11096-025-02039-2>
71. Mehmood, N., **Khan, A.\***, Abbas, S., Mushtaq, S., Fang, Y., Ans, M., & Khan, G. M. (2025). Impact of pharmacist-led educational services in promoting breast cancer awareness. **BMC Women's Health**, 25(1), 461. <https://doi.org/10.1186/s12905-025-04035-0>
70. Kalsoom, UE., **Khan, A.\***, Mehmood, T., Kanwal, H., Ahmed, N., Mushtaq, S., & Fang, Y. (2025). Self-Reported Health-Related Quality of Life in Patients With Ischemic Heart Disease: A Randomized Controlled Trial on Digital Health Pharmacist Interventions. **Value in Health Regional Issues**, 50, 101174. <https://doi.org/10.1016/j.vhri.2025.101174>
69. Akhtar, T. S., Abbas, S., Nisar, G., Samad, A., Khan, J. Z., **Khan, A.\*** (2025). Ineffective Motility Revisited Through High-Resolution Manometry After Chicago Classification v4.0. **Journal of Health and Allied Sciences NU**. 2025;15:301-7. [https://doi.org/10.25259/JHS-2024-10-3-\(1603\)](https://doi.org/10.25259/JHS-2024-10-3-(1603))
68. Said, M. S., Fatima, R., See, O. G., **Khan, A.**, Al-Rawi, M. B. A., Khan, I., & Khan, A. H. (2025). Incidence, Management and Factors Affecting Unsuccessful Treatment Outcomes in Pediatric Multidrug-Resistant Tuberculosis Patients: A Cross-Sectional Retrospective Study in Pakistan. **Infectious Microbes & Diseases**, 10-1097. <https://doi.org/10.1097/IM9.000000000000182>
67. Wahid, A., Ahmad, N., Saleem, F., **Khan, A.**, Khan, A., Khan, F. U., & Khan, F. U. (2025). Time to sputum culture conversion as a predictor of cure in multidrug-resistant tuberculosis patients: a multicenter retrospective cohort study in Pakistan. **Monaldi Archives for Chest Disease**. April 24. <https://doi.org/10.4081/monaldi.2025.3200>
66. Dar, M., **Khan, A.\***, Aleem, A., JABER, A. A., Hussain, M., & KHAN, G. M. (2025). Evaluation of health-related quality of life of female students suffering from primary dysmenorrhea: Findings of a cross-sectional study from Pakistan. **Frontiers in Public Health**, 13, 1467377. <https://doi.org/10.3389/fpubh.2025.1467377>
65. Abbas, S., Shah, S. S., Akhtar, T. S., Hameed, K., Mushtaq, S., & **Khan, A.\*** (2025). Urdu adaptation and validation of a disease-specific quality-of-life questionnaire in a Pakistani population of Achalasia. **PLOS ONE**, 20(4), e0321933. <https://doi.org/10.1371/journal.pone.0321933>

64. Abbas, S., Akhtar, T. S., Chinnam, S., Mushtaq, S., Ahmad, N., Fang, Y., & **Khan, A.\*** (2025). Optimizing achalasia diagnosis in the era of high-resolution manometry: A Pakistani perspective. *JGH Open*, 9(3), e70041. <https://doi.org/10.1002/jgh3.70041>

## 2024

63. **Khan, A.\***, Ahmad, S. Q., Akhtar, T. S., Bushra, H. T., Imran, M., Khan, J. Z., Shah, S., Haddayat, N., Mushtaq, S., Dong, Y., Feng, W., & Fang, Y. (2024). Relationship of difficult endoscopic retrograde cholangiopancreatography cannulation and visual characteristics of papilla. *JGH Open*, 8(12), e70045. <https://doi.org/10.1002/jgh3.70045>
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  11. **Khan, A.\***, Abbas, S., Bibi, A., Mushtaq, S., Khan, G.M., Babar, ZUD. (2023). Interventions and Public Health Activities Performed by Community Pharmacists. In: **Encyclopedia of Evidence in Pharmaceutical Public Health and Health Services Research in Pharmacy**. Springer, Cham. [https://doi.org/10.1007/978-3-030-50247-8\\_140-1](https://doi.org/10.1007/978-3-030-50247-8_140-1)
  10. Mallhi, T. H., Butt, M. H., Ahmad, A., Misbah, S., Salman, M., **Khan, A.**, Raja, A. A., & Khan, Y. H. (2022). Drug-metabolizing enzymes and fate of prodrugs: From function to regulation. **Biochemistry of Drug Metabolizing Enzymes**, 125-139. <https://doi.org/10.1016/B978-0-323-95120-3.00005-1>
  9. Khan, Y. H., Bokharae, N., Rasheed, M., Saifullah, A., Khokhar, A., Khan, S. A., **Khan, A.**, & Mallhi, T. H. (2022). Hormones and drug-metabolizing enzymes: From function to regulation. **Biochemistry of Drug Metabolizing Enzymes**, 141-159. <https://doi.org/10.1016/B978-0-323-95120-3.00019-1>
  8. **Khan, A.**, Kalsoom, UE., Khan, A., Wahid, A., Mushtaq, S., Khan, Y. H., Maqbool, F., Khan, F. U., Mallhi, T. H., & Khan, G. M. (2022). Fate of drug-metabolizing enzymes in metabolic diseases. **Biochemistry of Drug Metabolizing Enzymes**, 209-230. <https://doi.org/10.1016/B978-0-323-95120-3.00020-8>
  7. Shabbir, A., Niazi, S. G., Rehman, K., Akash, M. S. H., Kamran, S. H., & **Khan, A.** (2022). Fate of drug-metabolizing enzymes in cardiovascular diseases: Concepts and challenges. **Biochemistry of Drug Metabolizing Enzymes**, 231-258. <https://doi.org/10.1016/B978-0-323-95120-3.00006-3>

6. Kamran, S. H., Rehman, K., Akash, M. S. H., **Khan, A.**, & Laher, I. (2022). Impact of physiological factors on drug-metabolizing enzymes: From function to regulation. **Biochemistry of Drug Metabolizing Enzymes**, 281-304. <https://doi.org/10.1016/B978-0-323-95120-3.00003-8>
5. Hussain H., Elizbit, Ali I., Mamadalieva N. Z., Abbas G., Ali M., Zaman G., **Khan A.**, Hassan U., & Green I. R. (2022). Fruitful Decade of Phoma Secondary Metabolites from 2011 to 2020: Chemistry, Chemical Diversity, and Biological Activities. In: Rai M., Zimowska B., Kövics G.J. (eds) **Phoma: Diversity, Taxonomy, Bioactivities, and Nanotechnology**. Springer, Cham. [https://doi.org/10.1007/978-3-030-81218-8\\_10](https://doi.org/10.1007/978-3-030-81218-8_10)
4. Mallhi T.H., Khokhar A., Khan Y.H., Alotaibi N.H., **Khan A.** (2021). Endocrine Disrupting Chemicals Induced Childhood Obesity. In: Akash M.S.H., Rehman K., Hashmi M.Z. (eds) **Endocrine Disrupting Chemicals-induced Metabolic Disorders and Treatment Strategies. Emerging Contaminants and Associated Treatment Technologies**. Springer, Cham. [https://doi.org/10.1007/978-3-030-45923-9\\_10](https://doi.org/10.1007/978-3-030-45923-9_10)
3. **Khan A.**, Kanwal H., Bibi S., Mushtaq S., Khan A., Khan Y.H., Mallhi T.H. (2021). Volatile Organic Compounds and Neurological Disorders: From Exposure to Preventive Interventions. In: Akash M.S.H., Rehman K. (eds) **Environmental Contaminants and Neurological Disorders. Emerging Contaminants and Associated Treatment Technologies**. Springer, Cham. [https://doi.org/10.1007/978-3-030-66376-6\\_10](https://doi.org/10.1007/978-3-030-66376-6_10)
2. Mallhi T.H., Saifullah A., Khan Y.H., **Khan A.**, Alotaibi N.H., Alzarea A.I. (2021). Pathogenesis of Neurodegeneration and Associated Neurological Disorders. In: Akash M.S.H., Rehman K. (eds) **Environmental Contaminants and Neurological Disorders. Emerging Contaminants and Associated Treatment Technologies**. Springer, Cham. [https://doi.org/10.1007/978-3-030-66376-6\\_1](https://doi.org/10.1007/978-3-030-66376-6_1)
1. Khan Y.H., Liaqat A., Mallhi T.H., Abid A., Alotaibi N.H., **Khan A.** (2021). Bacterial Endotoxins and Neurological Disorders: From Exposure to Therapeutic Interventions. In: Akash M.S.H., Rehman K. (eds) **Environmental Contaminants and Neurological Disorders. Emerging Contaminants and Associated Treatment Technologies**. Springer, Cham. [https://doi.org/10.1007/978-3-030-66376-6\\_3](https://doi.org/10.1007/978-3-030-66376-6_3)

## CONFERENCE PRESENTATIONS

### PAPERS PRESENTED IN INTERNATIONAL CONFERENCES

18. Kalsoom, UE., **Khan, A.\***, & Fang, Y. (2025). HSD101 Self-Reported Health Related Quality of Life (HRQoL) in Patients With Ischemic Heart Disease: A Randomized Controlled Trial on Digital Health Pharmacist Interventions. *Value in Health*, 28(12), S394. Poster presentation at the ISPOR Europe, November 9-12, 2025, Glasgow, UK. <https://doi.org/10.1016/j.jval.2025.09.1762>
17. Mushtaq, S., Lim, A. G., **Khan, A.**, & Fang, Y. (2025). CO212 Resistance-Driven Treatment Failure: A Challenge to HCV Elimination in Pakistan. *Value in Health*, 28(12), S85. Poster presentation at the ISPOR Europe, November 9-12, 2025, Glasgow, UK. <https://doi.org/10.1016/j.jval.2025.09.313>
16. **Khan, A.**, Yu Fang. Assessing the Role of Parents and Clinicians in Evaluating the Co-occurrence of Autism Spectrum Disorder and Attention Deficit Hyperactivity Disorder in the Pediatric Population of Pakistan. Poster presentation at the 23<sup>rd</sup> Asian Conference on Clinical Pharmacy (ACCP 2024), July 25-28, 2024, Hong Kong.
15. **Khan, A. (Invited Speaker)**. High-Resolution Manometry (a Gold Standard) for Diagnosis and Classification of Achalasia. Oral presentation at the 1st International Conference on innovations in chemistry, Biochemistry, Biotechnology & Bioinformatics (ICBBB-2022), December 15-17, 2022, The Islamia University of Bahawalpur (IUB), Pakistan.
14. **Khan, A. (Invited Speaker)**. Knowledge, attitude and perception of Pakistani population towards COVID-19 vaccination and role of Pharmacist in dispelling vaccine myths. Oral presentation at the the 2nd International Seminar & Call For Paper (ISCP) UTA 45 Jakarta on “Promotive, Preventive, and Early Detection of Covid 19”, December 18-19, 2021, UTA 45 Jakarta, Indonesia.
13. **Khan, A. (Invited Speaker)**. Healthcare products Use: Pharmacovigilance & Pharmacoeconomics- Evidence based selection. Oral presentation at the 11th Public Annual Public Health Conference, Sep 23-34, 2021, Health Services Academy (HSA), Islamabad, Pakistan.
12. **Khan, A. (Invited Speaker)**. Routine pediatric vaccination in Pakistan during COVID-19: How can healthcare professionals help? Oral presentation at the 1<sup>st</sup> International Seminar & Call For Paper (ISCP) on

“Herbal Medicine for Covid-19 and How To Overcome With Pandemic Situation”, December 05-6, 2020, UTA 45 Jakarta, Indonesia.

11. **Khan, A., (Invited Speaker)** & Mushtaq, S. Assessment of depression among hemodialysis patients in different dialysis facilities. Oral presentation at International Scientific Drug Conference of Asia on “Research, Development and Innovations for Global Healthcare”, October 17, 2020, ST. Dominic College of Asia, Philippines.
10. **Khan, A., (Invited Speaker)** Khan, A.H., & Mushtaq, S. A comparative study on depression among hemodialysis patients in different dialysis facilities. Oral presentation at 20<sup>th</sup> International Pharmacy Conference & Exhibition (IPCE) on Recent Advancements, Future Trends & Challenges in Pharmacy, 27-30<sup>th</sup> October 2019, PC Hotel, Lahore, Pakistan.
9. **Khan, A.,** Khan, A. H., Sulaiman, S. A., Adnan, A. S., & Mushtaq, S. Prevalence and evaluation of factors associated with depression among hemodialysis patients. [Oral presentation (Abstract code: OPP24) at 1<sup>st</sup> JoPPP Conference on Pharmaceutical Policy and Practice Research, 28-29<sup>th</sup> August 2019, Concorde Hotel, Shah Alam, Selangor, Malaysia.
8. **Khan, A., (Invited Speaker)** Khan, A.H., & Mushtaq, S. Evaluation of factors associated with late Dry-weight achievement among hemodialysis patients: Bioimpedance spectroscopy interpretation. 3rd International Conference on Recent Advancement in Pharmaceutical Research and Drug Delivery QAU Islamabad, Pakistan. Feb 19-20, 2019.
7. **Khan, A.,** Khan, A. H., Sulaiman, S. A., Adnan, A. S., & Khan, I. Effect of calcium channel blockers on blood pressure in hypertensive hemodialysis patients. [Oral Presentation (Abstract code: ABS-214) at 17th Asian Conference on Clinical Pharmacy (ACCP 17), 28-30th July 2017, Yogyakarta, Indonesia].
6. **Khan, A. (Invited Speaker).** Healthcare products Use: Pharmacovigilance & Pharmacoeconomics- Evidence based selection. Oral presentation at the 11<sup>th</sup> Public Annual Public Health Conference on “Contemporary Medicines, Health Technologies and Vaccines for Emerging Public Health Risks”, September 23-24<sup>th</sup>, 2021, Health Services Academy, Islamabad, Pakistan.
5. **Khan, A.,** Khan, A. H., Adnan, A. S., Sulaiman, S. A., & Khan, I. (2017). Dry-Weight Assessment Among Hemodialysis Patients Using Body Composition Monitor. Value in Health, 20(9), A864. (Abstract code: PMD4). Poster presented at ISPOR 6th Latin America Conference, September 15-17<sup>th</sup>, 2017, Brazil. DOI: <https://doi.org/10.1016/j.jval.2017.08.2509>
4. Khan, I., Khan, A. H., Adnan, A. S., Aftab, R. A., & **Khan, A.** Effect of BMI on Serum Cystatin C among Elderly CKD type 2 Diabetic Patients (Abstract code: PP1630). Poster presented at International Conference on Pharmacy Education & Practice (ICPEP), 29-31 January 2016, Batu Feringghi Penang, Malaysia.
3. Khan, I., Khan, A. H., Adnan, A. S., Aftab, R. A., & **Khan, A.** Usefulness of Serum Cystatin C in Malaysian Elderly CKD Patients with type2 Diabetes Mellitus and Nephropathy. [Oral Presentation (Abstract code: PO1625) at International Conference on Pharmacy Education & Practice (ICPEP), 29-31 January 2016, Batu Feringghi Penang, Malaysia].
2. Khan, I., Adnan, A. S., Khan, A. H., & **Khan, A.** Role of Cystatin C in renal impairment among elderly CKD patients with type 2 Diabetes Mellitus (Abstract code: PP07). Poster Presented at 32nd Annual Congress of Malaysian Society of Nephrology, 29th April-1st May 2016, Persada Johor International Convention Centre, Johor Bahru, Malaysia.
1. **Khan, A.,** Adnan, A. S., Khan, A. H., & Khan, I. Determination of optimal timing for blood pressure measurement in the management of Hypertensive Hemodialysis patients by using Body Composition Monitoring (BCM). (Abstract code: PP43). Poster Presented at 32nd Annual Congress of Malaysian Society of Nephrology, 29th April-1st May 2016, Persada Johor International Convention Centre, Johor Bahru, Malaysia.

## CONFERENCES, SEMINARS, AND WORKSHOPS ORGANIZED / ATTENDED

### International Conferences, Seminars, and Workshops Organized

Organizer of: Scientific session on “Publishing high quality research: What you need to know” sponsored by QAU Pakistan & University of Huddersfield, UK on July 26, 2022.

Organizer of: 4th International Conference (virtual) on “Integrative multidisciplinary nanomedicine: a game changing strategy for emerging infectious diseases” sponsored by WHO Pakistan and ORIC QAU, Islamabad Pakistan on October 10, 2020.

Organizer of: 02-Days 3rd International Conference on "Recent Advancement in Pharmaceutical Research and Drug Delivery" sponsored by HEC, Pakistan on Feb 19-20, 2019.

### **Conferences, Seminars, and Workshops Attended**

I have actively participated in a wide range of national and international conferences, seminars, and workshops. Notable among these are the FIP Online Course on Digital Health in Pharmacy (International Pharmaceutical Federation, May 2023), and the International Seminar on “Improving Stroke Care in Low and Middle Income Countries” (COMSTECH-ICCBS, Jan 2022). I presented at the 2nd International Seminar & Call for Papers (ISCP) and the 1st ISCP organized by UTA 45 Jakarta, Indonesia (2021, 2020). I attended the 11th Annual Public Health Conference at the Health Services Academy, Islamabad (2021), supported by UK Aid and UNICEF. I also participated in the International Scientific Drug Conference of Asia (ST. Dominic College of Asia, Philippines, Oct 2020), the 4th International Conference on Integrative Multidisciplinary Nanomedicine at Quaid-i-Azam University (Oct 2020), and the 20th International Pharmacy Conference & Exhibition (Pakistan Pharmacists Association, Lahore, Oct 2019). Additional engagements include the 1st JoPPP Conference on Pharmaceutical Policy and Practice Research in Malaysia (Aug 2019), 3rd International Conference on Pharmaceutical Research and Drug Delivery (QAU, 2019), and several capacity-building seminars and workshops such as the National Seminar on Intellectual Property System of Pakistan (QAU, 2018), Cochrane Systematic Review Workshop at Universiti Sains Malaysia (2015), and the 2nd International Workshop on Pharmacy Practice (QAU, 2014). Earlier contributions include workshops on pharmaceutical policy (University of Auckland, 2013), biodiversity and climate change (SBB University, 2013), TB care in private pharmacies (Dev-Net, 2013), and quality assurance in higher education (Gomal University, 2010). I have also attended the 17th and 16th International Pharmacy Conferences organized by the Pakistan Pharmacists Association (2012, 2011), underscoring my sustained engagement in professional development and academic exchange.

### **PROFESSIONAL MEMBERSHIPS**

2. Pakistan Pharmacy Council (Fellow member) (Since 2012)
3. Universal Scientific Education and Research Network (USERN) Ambassador for Pakistan (<https://usern.tums.ac.ir/Info/Executives>) July 2020- to date
4. ISPOR- The leading professional society for health economics and outcomes research (HEOR) globally. (Membership Number: 3112765)

### **EDITORIAL EXPERIENCE**

<https://www.frontiersin.org/research-topics/35504/childhood-vaccination-and-covid-19>

Editorial Board Member (Academic Editor): PLOS ONE

[https://journals.plos.org/plosone/static/editorial-board?ae\\_name=Amjad+Khan](https://journals.plos.org/plosone/static/editorial-board?ae_name=Amjad+Khan) 11/2020- to date

Section Editor: Pharmacoeconomics and Policy (P&P)

<https://www.sciencedirect.com/journal/pharmacoeconomics-and-policy>

Editorial Board Member: Women’s Health (SAGE Journals) <https://journals.sagepub.com/editorial-board/whe> 9/2024- to date

Editorial Board Member (Review Editor): World Journal of Clinical Cases. Number ID: 05227874

<https://www.wjgnet.com/2307-8960/index.htm> 2/2021-to date

Editorial Board Member (Associate Editor): Global Immunological & Infectious Diseases Review

<https://giidrjournal.com/about-us/editorial-board> 12/2020-to date

Editorial Board Member (Community Reviewer): Frontiers in Public Health

<https://loop.frontiersin.org/people/952230/overview> 11/2020- to date

Editorial Board Member (Community Reviewer): Frontiers in Pediatrics

<https://loop.frontiersin.org/people/952230/overview> 9/2020- to date

Editorial Board Member (Community Reviewer): Frontiers in Medicine

<https://loop.frontiersin.org/people/952230/overview> 6/2020- to date

Editorial Board Member: American Journal of Clinical and Experimental Medicine (AJCEM) ISSN: 2330-8125 (Print) <http://www.sciencepublishinggroup.com/j/ajcem> 9/2017- to date

Editorial Board Member: Current Respiratory Medicine Reviews (CRMR)

<https://benthamscience.com/journals/current-respiratory-medicine-reviews/> June 2020-to date

### **REVIEWER FOR IMPACT FACTOR JOURNALS**

I actively serve as a reviewer for a range of high-impact, peer-reviewed journals across disciplines in medicine, public health, pharmacy, and life sciences. These include JAC-Antimicrobial Resistance, BMJ Global Health, BMJ Public Health, BMJ Open, **The Lancet Regional Health – Southeast Asia**, **American Journal of Kidney Diseases**, PLOS One, PLOS Global Public Health, PLOS Digital Health, Heliyon, Value in Health Regional Issues, Environmental Science and Pollution Research, Frontiers journals (in Medicine, Public Health, Pediatrics, Pharmacology, Digital Health, Genetics), Clinical Interventions in Aging, Renal Failure, Therapeutic Apheresis and Dialysis, Patient Preference and Adherence, Journal of Pharmaceutical Policy and Practice, Journal of Pharmaceutical Health Services Research, Exploratory Research in Clinical and Social Pharmacy, European Journal of Clinical Microbiology & Infectious Diseases, Disaster Medicine and Public Health Preparedness, Health Science Reports, International Journal of Psychiatry in Clinical Practice, International Journal of General Medicine, Asian Pacific Journal of Tropical Medicine, Dose-Response, Expert Review of Clinical Pharmacology, Journal of Multidisciplinary Healthcare, and F1000Research. Additionally, I contribute as a reviewer for ISPOR conference abstract submissions.

### **COMMUNITY SERVICES**

I have actively contributed to community service through various academic and professional roles. I regularly advise students on higher education opportunities, foreign scholarships, and clinical pharmacy services. I have conducted awareness sessions on critical topics such as pharmacoeconomics, pharmacovigilance, and the management of prevalent diseases in Pakistan. Additionally, I have served as an external examiner for Pharm.D, M.Phil, and Ph.D. examinations at several universities, including the University of Baluchistan (Quetta), Kohat University of Science and Technology (KUST), GC University (Faisalabad), Yusra Institute of Pharmaceutical Sciences (Rawalpindi), and Riphah International University (Islamabad).

### **ACADEMIC REFEREES**

#### **Prof. Dr. Yu Fang**

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